

OET Ski & Toboggan Lesson Plan

INTRODUCTION

- The goal of the OET Ski and Toboggan training is to provide consistent training and development of skills of Oak Mountain Ski Patrollers to provide for the safe transport of injured customers in a rescue toboggan to the bottom of the ski area.
- Transporting a toboggan (empty or loaded) is an inherently dangerous activity. It must be done with proper skills for the safety of the Patroller, Patient and others on the mountain. A student will only be allowed to practice with a toboggan after they have been taught and demonstrated the proper skills by one of the Oak Mountain Ski Patrol OET Instructors.
- It is understood that everyone coming into the program has different skiing/boarding skills as well as physical abilities. Therefore, it is expected that individuals will demonstrate and master the skills at different rates. Students should expect a minimum of 3 “classes” before getting “signed off” by an Oak Mountain Ski Patrol OET Instructor. For some students, it may take most of the season to practice and develop the skills. Students should work at their own pace and not feel pressured.
- The three days of “lesson plans” are intended to be more like “class notes” for the instructor and the student.
- The three lesson plans are tailored for an approximately 2 hour “lesson”. Based on people’s skill levels and the available terrain, it may take more or less time to master and demonstrate the skills.
- Be Safe. Have Fun!